

# Understanding Behavioral Styles

*How to improve your communications and effectiveness when interacting with others*

ON-LINE | SELF PACED COURSE

## [ COURSE OBJECTIVES ]

**P**eople behave differently; they exhibit different behavioral styles. A greater understanding of these behavioral styles can help you to improve communications and interact more effectively with other people; even those you find most challenging.

This course provides insight into your own behavioral style and an increased awareness, understanding and appreciation for other behavioral styles. Equally important, you learn how to make adjustments in your interactions that will enhance your effectiveness with others.

Immediate results can be achieved when working with others on teams, in negotiations and sales consulting, as well as customer service and leadership situations. These insights and techniques are also helpful when managing relationships outside of the workplace.

## [ COURSE OVERVIEW ]

The eleven-lesson course is designed to be taken at your own pace and can be completed in approximately two hours. The self-paced course is developed and designed to be highly engaging, entertaining and educational. Each lesson includes the use of interactive graphics, audio, text, animation exercises, quizzes and practical application of the knowledge gained. A Knowledge Assessment at the end enables the learner to test his or her learning. An acceptable score will generate a Certificate of Completion.

*References to Behavioral Styles are based on the Personal Profile System®, copyright 1994, Inscape Publishing Inc., Minneapolis, MN.*

## LESSONS

- 1) Introduction
- 2) Different Behavioral Styles
- 3) Personal Profile System
- 4) The Four Behavioral Styles
- 5) Recognizing Behavioral Styles
- 6) Behavioral Styles and Listening
- 7) Improve Your Performance
- 8) Reading and Reacting to People
- 9) Determining Behavioral Style
- 10) Practical Applications
- 11) Knowledge Assessments

## Reinforcing Your Understanding of Behavioral Styles

*An Online Self-Paced Reinforcement Tool*

**This re-enforcement tool consists of the following lessons:**

- ◇ Recognizing Behavioral Styles
- ◇ Improve Your Performance
- ◇ Reading and Reacting to People
- ◇ Practical Application

## [ COURSE OBJECTIVES ]

The on-going challenge in learning is to have an effective, cost efficient and convenient tool to continually reinforce previous training investments. *Reinforcing Your Understanding Of Behavioral Styles* is an ideal follow-on for reinforcing DiSC® training and the Personal Profile System®. This 45-minute refresher course will help keep you current with the concepts and practical application of the DiSC® behavioral style methodology. You will learn to adapt unique strategies for interacting with peers, managers or customers. This course can be taken anytime after initial training and as frequently thereafter as desired.

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## [ COURSE OVERVIEW ]

The four-lesson course is designed to be taken at your own pace and can be completed in approximately forty-five minutes. The course is designed and developed to be highly engaging, entertaining and educational. Each lesson includes the use of interactive, graphics, audio, text, animation, exercises and practical application of the knowledge gained.

## [ CONTACT US FOR MORE INFORMATION ]

Donna Konley  
Konsultco

48-614-1020 or Toll-Free 1-866-614-1020  
[www.konsultco.com](http://www.konsultco.com)